ROSH HASHANAH



Apples and Honey

During Rosh Hashanah it is traditional to eat apples dipped in honey to symbolize our prayers for a sweet new year. The apple is dipped in honey and the blessing for eating tree fruits is recited.

בָּרוּך אַתָּה, יָיָ אֱלֹהֵינוּ, כֶּלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הָעֵץ.

Baruch atah, Adonai Eloheinu, Melech haolam, borei p'ri ha'eitz.

Blessed are You, Adonai our God, Sovereign of the universe, Creator of the fruit of the tree.

יְהִי רָצוֹן מִלְפָּנֶיךָ יְיָ אֱלֹהֶינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִפּוֹתֵינוּ, שִׁתְחַדֵשׁ עֻלֵינוּ שָׁנָה מוֹבָה וּמִתוּקָה.

Y'hi ratzon mil'fanecha Adonai Eloheinu vei'lohei avoteinu v'imoteinu, sh't'chadeish aleinu shanah tovah um'tukah.

May it be Your will, Adonai our God and God of our ancestors, that You renew for us a good and sweet year.

After eating the apple dipped in honey, the Shehecheyanu blessing is recited. The blessing appears on the other side of this card.